Marty has been practicing as a registered poetry therapist facilitating the art of poem-making for more than 2 decades.

She conducts a seminar, Poetic Medicine, at All That Matters in Wakefield, RI.

My father was a white, Irish potato. He mashed easily
With plenty of cream and butter
But he'd get lumpy
When we were late for dinner.
Then my mother would scrape him
Off the plate
For tomorrow's leftovers.

I am a coconut, A round ball of hard-headed rust But opens nicely when dropped from a tree Knocking sense into me

So I don't end up in frozen piña colada

θM

My cousin was a watermelon Full of black, slippery seeds
That could choke you
When you slurped her juices.
Once we poured a fifth of vodka
Inter her pink, ripe roundness.
We thought it would mellow her.
That's when she joined A.A.!

nisuoϽ γΜ

My Father

Please recycle to a friend.

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Origani Posmy Project

Vegetable Family

By Marty Giovan © 2010



The prompt:

Tell us about your family with you in it.

## My Mother

My mother was an avocado pear,
A hard, green skin.
Sometimes when she was ripe
We made guacamole dip
Enough for the whole family.
Sometimes she'd peel herself too soon
Becoming slippery, tasteless and gooey.
We were always glad when the
Avocado season was over.